

≡ Special Edition ≡

FAST FACTS

National Crime Prevention and Indigenous Policing Services



National Youth Services – Wants to hear from you!

Across Canada our day to day lives have all been impacted by COVID-19. We would like to know what the youth in your community are doing during physical distancing and self-isolation.

Are new challenges for youth appearing in your communities as a result of physical distancing?

Have you had any virtual youth engagement ideas or initiatives you are looking at doing within your communities during these times? Can National Youth Services provide support?

Please provide all feedback via email to CYCP_CPCJ@rcmp-grc.gc.ca

External Partners Resources

- Telus Canada has introduced [#HowWouldYouFeel](#) campaign and has created educational materials to end the culture of forwarding intimate images. All Telus Wise resources can be found via their website.
- Physical Distancing and staying home can be stressful for youth, Kids Help Phone wants youth to know **We are here for you**, providing a list of resources designed to let youth know they are not alone and ways to deal with abuse, mental health, substance use and stress. All of these resources can be found via their [website](#).
- **WITS (Walk Away, Ignore, Talk it Out, Seek Help.)** Teacher Accreditation Program is a [free 90-minute online training module](#) that teaches elementary school instructional staff about the WITS Programs and enables them to become **Accredited WITS Programs Teachers**, recognized with a Certificate of Accreditation.

- Being a teenager is difficult no matter what, and the coronavirus disease (COVID-19) is making it even harder. UNICEF has [released a guide](#) to help teenagers preserve their mental health during COVID-19.

Virtual Activities

There are many activities available that youth can do without leaving the house.

Escape Rooms

- Harry Potter Themed [Virtual Escape Room](#)
- [365 Room Escape](#)

Building Challenges

- Via [Twitter @Lego Group](#) is posting daily building challenges for youth to build and post their results via social media.
- [Minecraft Education](#) has released a number of full lesson plans, which include building instructions and learning expectations on a variety of topics. Examples are Biodiversity, Rollercoasters, History and more. This Platform is Free for anyone to use until June.

Zoos

- The Calgary Zoo is offering behind the scenes content daily on their [YouTube Channel](#).
- The [Vancouver Aquarium](#) has live streams of Penguins, Jelly Fish and Sea Otters

Video Chat

- @PlayTogApart on Twitter has several fun activities kids can do with their friends and family via videochat.



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Parks Canada

- Parks Canada has teamed up with Google Streetview to offer exclusive content for [National Parks across the country](#).

Hockey

- [Hockey Canada](#), has developed hockey themed lesson plans for Math, Art, Physical Education, Social Studies and languages.

YouTube Channels

- Art Hub for Kids offers free Art Tutorials via their [YouTube Channel](#).
- Ride a virtual roller coaster via TheCoasterviews [YouTube Channel](#).
- TedTalks has created a [YouTube Channel](#) specifically for topics relatable to youth.

Online Reading

- [Harry Potter–At–Home](#)

Get more ideas with social media campaigns and hashtags

#stayathomesavelives is a hashtag being used on Instagram and Twitter across the globe encouraging people to stay home and practice social distancing. Prime Minister Justin Trudeau, Prime Minister Boris Johnson, emergency response personnel, doctors and other celebrities.

#playaparttogether is a hashtag which was created by the World Health Organization and leading video game companies encouraging people to play games together while practicing physical distancing.

#savabienaller (French) is a hashtag being used on Instagram and Twitter encouraging children to draw pictures of rainbows to let everyone know it's going to be alright.

#togetherathome is a hashtag being used on Instagram and Twitter by musicians who are performing from their homes.

#instaband is a hashtag being used on Instagram and Twitter to encourage people from all over the world to post music performances like a virtual talent show.

Dottel's Wash your Hands Challenge on TikTok has gone viral with people posting videos of themselves washing their hands and adding music to it.

Provincial and Territorial home learning resources

Below you can find links to provincial and territorial government department of education websites. These sites provide updates on COVID–19 school closures as well some provinces are providing online learning resources for students who are unable to attend classes due to school closures for COVID–19.

- [British Columbia](#)
- [Alberta](#)
- [Saskatchewan](#)
- [Manitoba](#)
- [Ontario](#)
- [Quebec](#)
- [New Brunswick](#)
- [Nova Scotia](#)
- [Prince Edward Island](#)
- [Newfoundland](#)
- [Nunavut](#)
- [North West Territories](#)
- [Yukon](#)

Support Services Contact Information

- [Kids Help Phone](#) – 1–800–668–6868
- Indigenous Help Line – 1–855–554–4325
- [Hope For Wellness Line](#) – 1–855–242–3310



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